## Okaloosa County News Release

August 11, 2014 Kathy Newby, 850.651.7515, knewby@co.okaloosa.fl.us

## Have a Heart 5K Run/Walk August 23 Benefitting Fisher House & AHA Early Registration Now Through Aug. 16

Okaloosa County Public Safety's "Have a Heart 5K Run/Walk" is in its third year. This event is August 23, at 7:30 a.m. at the NWF State College Campus in Niceville. Early registration for the Have a Heart 5K is \$20 by August 16 and \$25 afterwards. The first 200 entrees will receive a tee shirt. A registration can be downloaded at <a href="http://nwftc.com/racing/race-calendar">http://nwftc.com/racing/race-calendar</a> or register on active.com: <a href="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fisher-house-2014?int="http://active.com/niceville-fl/running/races/have-a-heart-fl/running/races/have-a-heart-fl/running/races/have-a-heart-fl/running/races/have-a-heart-fl/running/races/have-a-heart-fl/running/races/have-a-heart-fl/running/races/have-a-heart-fl/running/races/have-a-heart-fl/running/races/have-a-heart-fl/running/have-a-heart-fl/running/races/have-a-heart-fl/running/races/have

The Have a Heart 5K Race Start is at the 911 Emergency Operations Center at the NWF State College, 90 College Boulevard in Niceville. Proceeds benefit Fisher House and the American Heart Association. For more information email Ken Wolfe, <a href="mailto:kwolfe@co.okaloosa.fl.us">kwolfe@co.okaloosa.fl.us</a>. The American Heart Association is supported by Okaloosa County Commissioners through employee participation and commitment in personal wellness through its Employee Wellness Program.

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